

TEAM CAPTAINS MEETING 22.2.2023

WOMEN 1.4 km SPRINT C
MEN 1.4 km SPRINT C



SKI ASSOCIATION OF SLOVENIA
Organizing Committee Planica
Podutiška 146, 1000 Ljubljana
Slovenia

Office
Rateče 167 a
4283 Rateče - Planica

Tel. +386 51 61 09 44
E-mail planica@sloski.si
Web www.planica2023.si



Agenda

- ROLL CALL
- COMPETITION JURY
- EVENT PROGRAM
- DETAILED SCHEDULE FEB 22th
- WEATHER FORECAST
- ENTRIES AND DRAW
- SKI STADIUM
- COMPETITION COUSE
- COURSE PREPARATION
- COACH ZONES
- TRAINING, SKI TESTING AND WARMING UP
- INFO FIS TD
- INFO FIS RD
- INFO OC



Roll Call

AND	BOL	CZE	GBR	IRL	KSA	MEX	PER	SVK	USA
ARG	BRA	DMA	GER	ISL	LAT	MGL	POL	SWE	VEN
ARM	BUL	ECU	GRE	ISR	LBN	MKD	POR	THA	
AUS	CAN	ESP	HAI	ITA	LIE	MNE	ROU	TPE	
AUT	CHI	EST	HUN	JPN	LTU	NGR	SLO	TTO	
BEL	COL	FIN	IND	KAZ	MAR	NOR	SRB	TUR	
BIH	CRO	FRA	IRI	KGZ	MDA	PAN	SUI	UKR	



CC Jury

- | | | |
|-------------------------------|------------------|-----|
| • TD FIS | Mikaela SUNDBAUM | SWE |
| • TD Assistant FIS | Robert PEETS | EST |
| • Jury Member | Lucia JOAS | GER |
| • Jury Member | Mike NORTON | CAN |
| • Chief of Competition | Uroš PONIKVAR | SLO |
| • FIS Race Director | Michal LAMPLOT | |
| • FIS Race Director Assistant | Mathieu FORT | |



COMPETITION AND ACCOMPANYING PROGRAMME

WEEK 1 | 21st February - 26th February 2023

Tuesday, 21 FEBRUARY	20:23	MEDAL PLAZA Opening ceremony		KRANJSKA//GORA
Wednesday, 22 FEBRUARY	12.00	Cross-Country	Qualification, Free	Women 5 km
	13.30	Cross-Country	Qualification, Free	Men 10 km
	16.30	Ski Jumping	Qualification Individual	Women HS 100
FESTIVAL ARENA		Animation, DJ		PLANICA
MEDAL PLAZA		Concert SMOOTH BAND		KRANJSKA//GORA
Thursday, 23 FEBRUARY	12.00	Cross-Country	Sprint Qualification, Classic	Women / Men
	14.30	Cross-Country	Sprint Finals, Classic	Women / Men
	17.00	Ski Jumping	Individual	Women HS 100
FESTIVAL ARENA		Animation, DJ		PLANICA
MEDAL PLAZA		Concert ŠANK ROCK		KRANJSKA//GORA
Friday, 24 FEBRUARY	11.30	Nordic Combined	Gundersen Individual	Women HS 100
	14.15	Nordic Combined	Gundersen Individual	Women 5 km
	15.30	Cross-Country	Skiathlon	Men 15 / 15 km
	17.45	Ski Jumping	Qualification Individual	Men HS 100
FESTIVAL ARENA		Animation, VESELI BEGUNJČANI		PLANICA
MEDAL PLAZA	20.23	MEDAL CEREMONIES Concert XEQUTIFZ		KRANJSKA//GORA
Saturday, 25 FEBRUARY	10.00	Nordic Combined	Gundersen Individual	Men HS 100
	12.15	Ski Jumping	Team	Women HS 100
	14.00	Cross-Country	Skiathlon	Women 7,5 / 7,5 km
	15.30	Nordic Combined	Gundersen Individual	Men 10 km
	17.00	Ski Jumping	Individual	Men HS 100
FESTIVAL ARENA		Animation, SMOOTH BAND		PLANICA
MEDAL PLAZA	20.23	MEDAL CEREMONIES Concert AVSENIKI		KRANJSKA//GORA
Sunday, 26 FEBRUARY	10.30	Nordic Combined	Mixed Team	HS 100
	11.30	Cross-Country	Team Sprint Qualification, Free	Women / Men
	13.30	Cross-Country	Team Sprint Finals, Free	Women / Men
	15.00	Nordic Combined	Mixed Team	M 2x 5 km / W 2x 2,5 km
	17.00	Ski Jumping	Mixed Team	HS 100
FESTIVAL ARENA		Animation, SMOOTH BAND		PLANICA
MEDAL PLAZA	20.23	MEDAL CEREMONIES Concert TABU		KRANJSKA//GORA


COMPETITION AND ACCOMPANYING PROGRAMME

WEEK 2 | 27th February - 5th March 2023

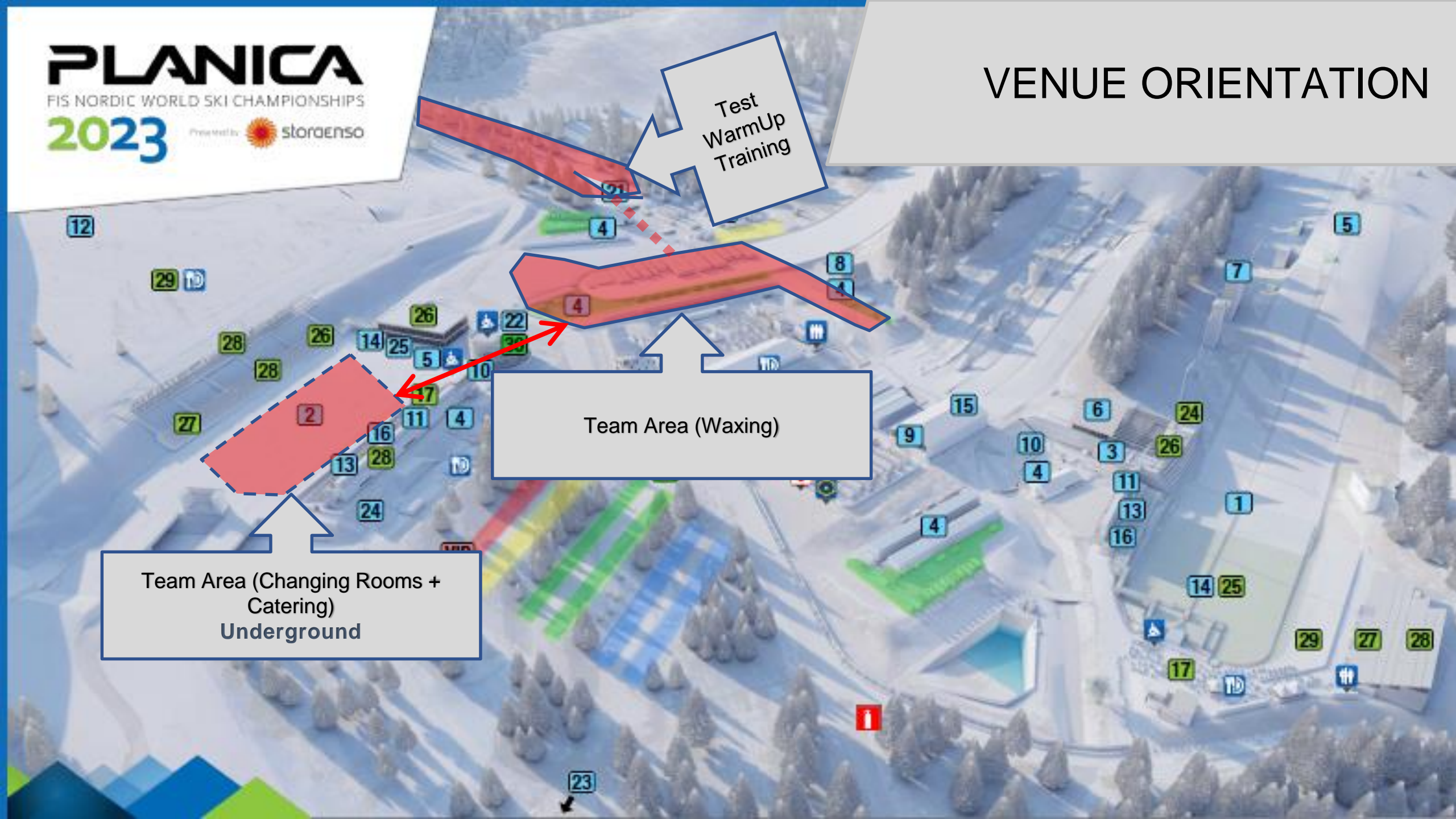
Monday, 27 FEBRUARY	Day off			
Tuesday, 28 FEBRUARY	12.30	Cross-Country	Individual, Free	Women 10 km
	18.30	Ski Jumping	Qualification Individual	Women HS 138
FESTIVAL ARENA		Animation, DJ		PLANICA
MEDAL PLAZA		Concert SMOOTH BAND		KRANJSKA//GORA
Wednesday, 1 MARCH	11.00	Nordic Combined	Team	Men HS 138
	12.30	Cross-Country	Individual, Free	Men 15 km
	15.10	Nordic Combined	Team	Men 4 x 5 km
	17.30	Ski Jumping	Individual	Women HS 138
FESTIVAL ARENA		Animation, SMOOTH BAND		PLANICA
MEDAL PLAZA	20.23	MEDAL CEREMONIES Concert KING FOO		KRANJSKA//GORA
Thursday, 2 MARCH	12.30	Cross-Country	Relay, Classic, Free	Women 4 x 5 km
	17.30	Ski Jumping	Qualification Individual	Men HS 138
FESTIVAL ARENA		Animation, SMOOTH BAND		PLANICA
MEDAL PLAZA		Concert AVSENIKI		KRANJSKA//GORA
Friday, 3 MARCH	12.30	Cross-Country	Relay, Classic, Free	Men 4 x 10 km
	17.30	Ski Jumping	Individual	Men HS 138
FESTIVAL ARENA		Animation, SMOOTH BAND		PLANICA
MEDAL PLAZA	20.23	MEDAL CEREMONIES Concert PETER LOVŠIN & ŠPANSKI BORCI		KRANJSKA//GORA
Saturday, 4 MARCH	10.30	Nordic Combined	Individual Gundersen	Men HS 138
	12.00	Cross Country	Mass start, Classic	Women 30 km
	15.00	Nordic Combined	Individual Gundersen	Men 10 km
	16.30	Ski Jumping	Team	Men HS 138
FESTIVAL ARENA		Animation, VESELI BEGUNJČANI		PLANICA
MEDAL PLAZA	20.23	MEDAL CEREMONIES Concert SIDDHARTA		KRANJSKA//GORA
Sunday, 5 MARCH	12.00	Cross-Country	Mass start, Classic	Men 50 km
FESTIVAL ARENA		Animation, VESELI BEGUNJČANI		PLANICA
Cross country stadium		MEDAL CEREMONIES CLOSING CEREMONY		PLANICA

SCHEDULE FEBRUARY 23RD

9:00	All test area open
10:30	Competition course opens for Women
10:45	Competition course opens for Men
12:00	Qualification Sprint C
14:00	Course opens for qualified competitors
14:30	Sprint C Finals
16:15	Official Training Skiathlon Men
19:00	Team Captains Meeting



VENUE ORIENTATION



Test
WarmUp
Training

Team Area (Waxing)

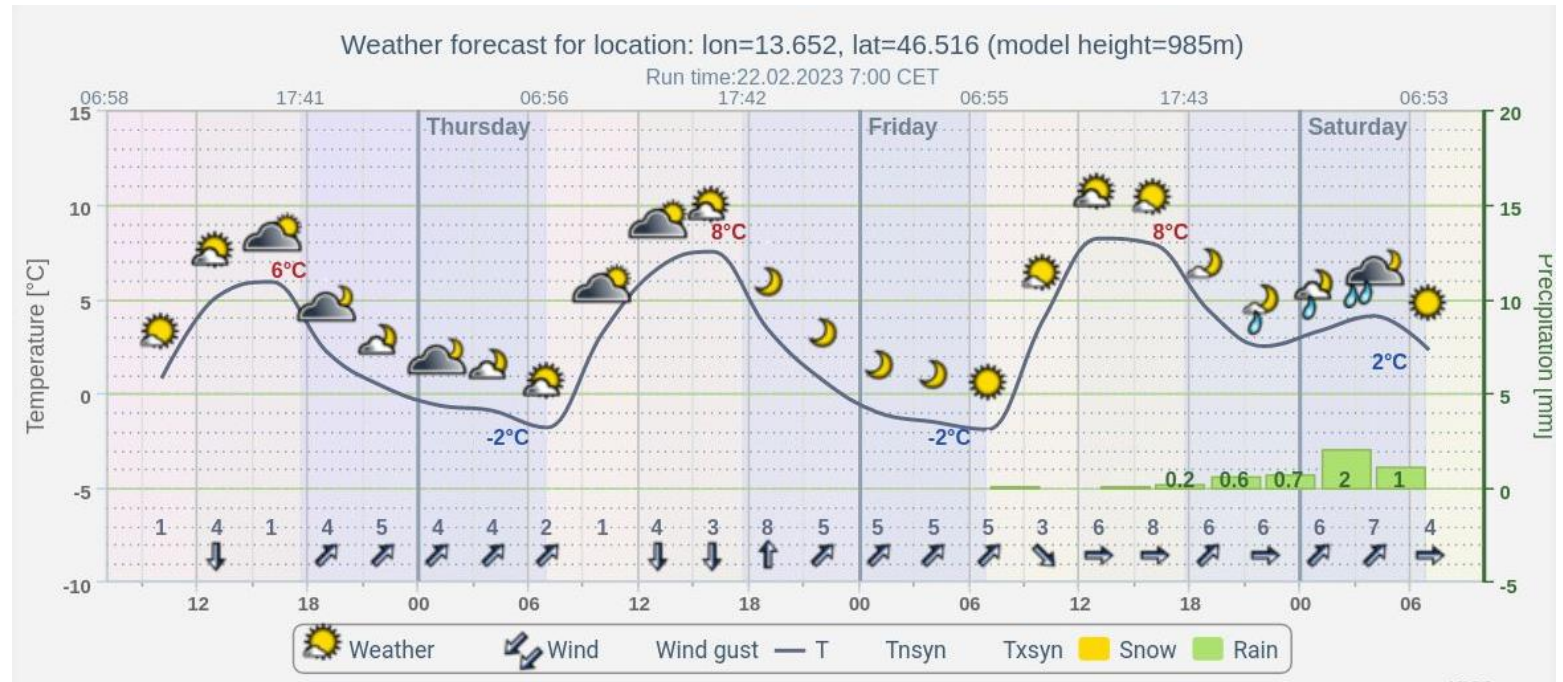
Team Area (Changing Rooms +
Catering)
Underground

Weather forecast for Thursday and Friday

- **Thursday:**
- Variably cloudy
- No significant wind
 - Tmin: -3 deg. C
 - Tmax: +8 to +10 deg. C

Friday :

- Variably cloudy, small chance of light rain in the afternoon
- Mostly calm in the morning, a bit more windy in the afternoon
 - Tmin: -2 deg. C
 - Tmax: +9 deg. C

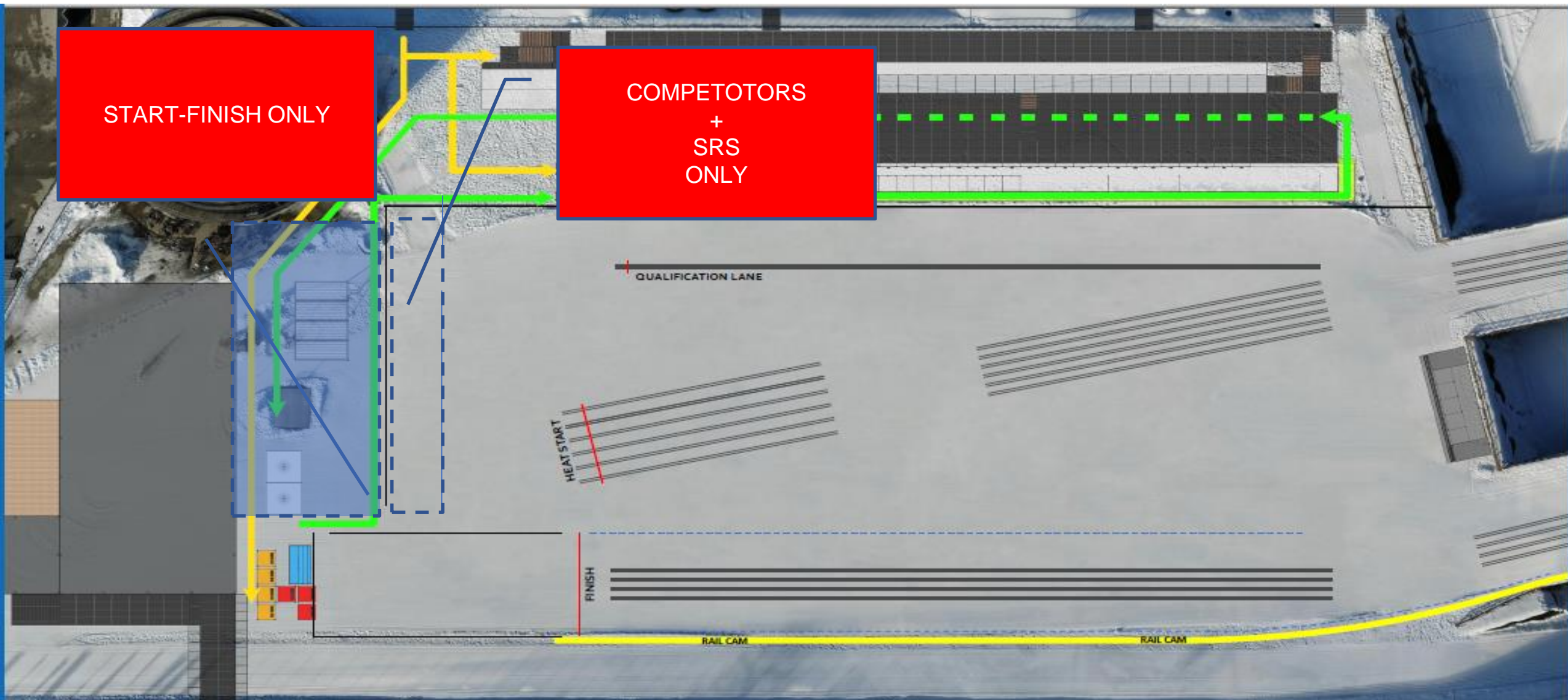


ENTRIES AND DRAW

Entries		
Women Sprint C	101	
Men Sprint C	139	



STADIUM



Access to stadium

- Race bib (competitors)
- Start – Finish Bib (Coaches)
- Start – Finish – SRS
- Armband – servicemen with BIB
 - Every qualified competitor gets one
 - Pick them up in race office after heat selection
 - Please return them after the race



COMPETITION COURSE



COURSE PREPARATION

- Grooming in progress
- 6 start tracks (2 m apart) → 6 tracks → 4 tracks
- Rest of the course
 - Red: 4 tracks (skiathlon setup)
 - Blue 2 tracks
- Ski test areas (will be explained later)



TURNING ZONES




COACH ZONES:

9 places + Neutral pole service



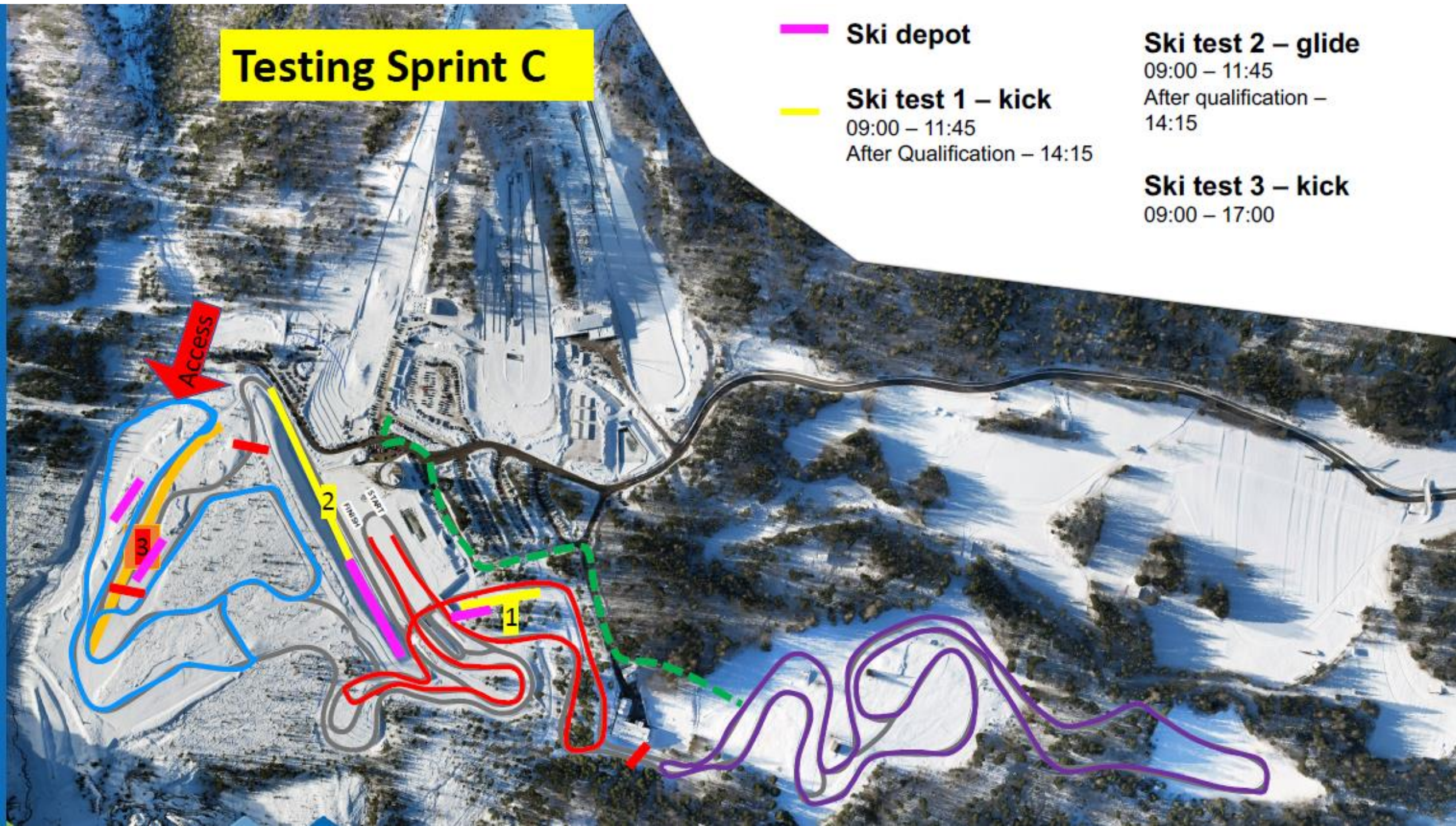
Testing Sprint C

 **Ski depot**

 **Ski test 1 – kick**
09:00 – 11:45
After Qualification – 14:15

Ski test 2 – glide
09:00 – 11:45
After qualification –
14:15

Ski test 3 – kick
09:00 – 17:00



Ski test 1

Walk
down!



Ski test 2



Ski test 3



SKI TEST, WARMING UP, TRAINING

[illegible]

Course opening times	Courses	Remarks
Thursday 23/02/2023		
09:00 - 17:00	Test area	
09:00 – 11:45	Ski Test 1	Kick wax and walk down
09:00 – 11:45	Ski Test 2	Glide
09:00 – 17:00	Ski Test 3	Kick wax
09:00 – 16:15	Blue course, upper part	2 classic tracks - see map
09:00 - 17:00	Red course, lower part	4 classic tracks - see map
10:30 – 10:45	Sprint course	Women athletes only
10:45– 11:00	Sprint course	Men athletes only
12:00 Qualification Women's Sprint C	Sprint course	
After women qualification, opened 10' for the men		
Qualification Men's Sprint C		
After qualification - 14:15	Ski Test 1	Kick wax and walk down
After qualification - 14:15	Ski Test 2	Glide
14:00 – 14:25	Sprint course	Only for qualified athletes
14:30 Women's/ Men's Sprint C Finals	Sprint course	
16:15 – 17:45 Official Training NC and CC men	All courses	Boxes (first, middle, last) 4 classical tracks
19:00 TCM Skiathlon Men		

INFORMATION FROM FIS TD

- CR 352.2.3 A competitor who receive a second written reprimand in the same season will be automatically disqualified. Written reprimands given during the season are not valid in the JWSC, WSC and OWG periods. Written reprimands given during JWSC, WSC or OWG are valid until the end of the season.
- Substitution is possible according to ICR 313.4
- ICR 343.8 In classical technique competitions the competitors must use classical technique only.
- Ski test – respect times and officials



INFORMATION FROM FIS



INFORMATION FROM OC

